

## CMS Incontinence Worksheet

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Summary of Urological History: \_\_\_\_\_

	YES	NO
Have you had treatment for urinary tract disease such as stones, kidney disease, infections, tumors, injuries?	_____	_____
Have you had repeated bouts with pyelitis?	_____	_____
Is your urine every bloody?	_____	_____
Is the volume of urine you usually pass large, average, small, and very small?	_____	_____
When you lose urine accidentally, are you ever not aware that it is passing?	_____	_____
Do you always have a severe sense of urgency before you lose your urine?	_____	_____
Do you lose urine as a constant drip from the vagina?	_____	_____
Did you have difficulty holding urine as a child?	_____	_____
Is it usually painful or difficult to pass your urine?	_____	_____
As a child did you wet the bed?	_____	_____
Do you wet the bed now?	_____	_____
Have you ever had paralysis, polio, and multiple sclerosis, a serious injury to your back, cyst or tumor on your spine?	_____	_____
Does the sound, sight or feel of running water cause you to lose urine?	_____	_____
Is your loss of urine a continual drip so that you are constantly wet?	_____	_____
Are you ever not aware that you are losing, or about to lose control of your urine?	_____	_____
Is your clothing slightly damp, wet, or soaking wet, or do you leave puddles on the floor?	_____	_____
Have you had an operation on your spine, brain, or bladder?	_____	_____
Do you find it frequently necessary to have your urine removed by means of a catheter because you are unable to pass it?	_____	_____

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Do you lose urine in spurts during coughing, sneezing, laughing, lifting? \_\_\_\_\_

Do you lose urine when you are lying down? \_\_\_\_\_

Do you lose urine when you are sitting or standing erect? \_\_\_\_\_

When you are urinating, can you usually stop the flow? \_\_\_\_\_

Did your urine difficulty start after delivery of an infant? \_\_\_\_\_

Did it follow an operation? \_\_\_\_\_

**Circle the type of operation:**

Hysterectomy,

Abdominal incision;

Hysterectomy, removed through the vagina;

removal of a tumor,

abdominal incision;

vaginal repair operation;

suspension of the uterus;

cesarean section.

If your menstrual periods have stopped, did the menopause make your condition more severe? \_\_\_\_\_

Is your control of urine good unless you cough, sneeze, laugh, lift or strain? \_\_\_\_\_

Do you have difficulty holding urine if you suddenly stand erect from a sitting or lying down position? \_\_\_\_\_

Do you find it necessary to wear protection because you get wet? \_\_\_\_\_